

Rice Pilaf

	Conversion Factor	Original Yield	Desired Yield
desired yield ----- = conversion factor original yield		2	
Original Yield x Conversion Factor = Desired Yield			
Olive Oil or Butter		1 T. or ½ oz.	
Shallot or Onion, Minced		1 oz.	
Long Grain Rice		½ c.	
Chicken Stock		1 ¼ c.	
Bay Leaf, Medium-Size		2	
S & P		tt	

1. Heat oil or butter in a small pot.
2. Add the shallot or onion and sweat.
3. Add rice and sauté 2-3 minutes, coating well.
4. Add stock and bay leaf.
5. Bring to a boil, lower heat, cover and simmer approximately 15-20 minutes, or until liquid is absorbed.
6. Remove Bay Leaf, season with salt & pepper to taste.
7. Keep warm until service.